

Ear Seed Aftercare Guide



Press, but don't rub
your seeds as needed.



Avoid getting wet for
up to 6 hours.



Allow seeds to dry
naturally after
showering.



If too painful, remove
as needed.



Remove after a
maximum of 5 days.



Bend head to
shoulder before
removing.



Refrain putting
makeup on and near
the area.



Contact us and reach
out if any questions.

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